

BETOF UTZLIL (With Drum and Ring of Bells)
(Israel)

Dance based on modern Israeli steps. Choreographed by Moshiko Halevy in 1974.

Pronunciation:

Music: Dance with Moshiko, MIH-3, side 1, band 1.
4/4 meter.

Formation: Circle, hands joined and held low. Start facing CCW.

Steps: Yemenite L with hop, Yemenite R with hop:
See Israeli glossary of steps.

Cts

Pattern

16 INTRODUCTION.

PART I.

- 1-4 Two running steps fwd, R,L (cts 1,2). Jump on both ft, twisting lower body and feet to L, then jump onto L ft, twisting back -- this jump is called a debka jump (cts 3,4).
- 5-8 Repeat action of cts 1-4, but end facing ctr of circle.
- 9-12 R fwd, hands go up (ct 9); L bkwd, hands come down (ct 10); R to R side (ct 11); L back to place (ct 12).
- 13-16 Turn 1/4 L to face CW, jumping back onto R ft, L ft fwd and lifted (bent) (ct 13). Clap hands twice (at head level) (cts 14,15). Hold (ct 16).
- 17-20 Two step hops bkwd (moving CCW) starting L.
- 21-24 Step hop fwd on L, turning 1/2 around to L (CCW) (cts 21,22). R bkwd (ct 23); L ft (ct 24).
- 25-28 Join hands, two step hops fwd, starting R (cts 25-28).
- 29-32 Run four steps fwd, starting R (do not bend fwd on these runs!) (cts 29-32).
- 33-64 Repeat action of cts 1-32.

PART II. (Move CW, face CCW.)

- 1-4 R fwd (ct 1); L bkwd (ct 2); stamp R fwd (in the same spot as ct 1) (ct 3); L bkwd (ct 4).
- 5-8 R bkwd, bending body slightly fwd (ct 5); step L bkwd (ct 6); step R (across) in front of L, very close to keep a bkwd movement (ct 7); L bkwd facing CCW (ct 8). These four steps are a modified grapevine step, done moving bkwd.
- 9-24 Repeat action of cts 1-8 (Part II) twice more.
- 25-28 Yemenite R with hop (still facing CCW) (cts 25-28).
- 29-32 Yemenite L with hop. On hop, do 1/2 turn R to face CW (cts 29-32).
- 33-64 Repeat action of cts 1-16 (Part II) facing CW and out of circle.

Presented by Moshiko Halevy

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